



TOURO UNIVERSITY
WORLDWIDE

Videos

Where to Find Videos

You can find videos using library databases.

Databases are large digital collections of information – in this case, videos. These are often paid for by libraries, so access is restricted to library users.

Find Videos from Alexander Street

Let's look at how to find materials from Alexander Street.

This database contains videos in the Health Science and Psychology & Counseling disciplines.

It is available to Touro students through the Touro Library tab in Integrated Campus (IC).

Click on the Touro Library tab in Integrated Campus (IC)

The screenshot shows a web browser window with the URL <https://portal.tuw.edu/portal/library/index.php>. The page header features the Touro University Worldwide logo and a navigation bar with tabs: **Touro Library**, **Orientation**, **Get Started Guide**, **Home**, **My Courses**, **Portal**, and **Logout**. A red arrow points to the **Touro Library** tab, which is highlighted with a red box. Below the navigation bar, the page displays a welcome message: "Welcome back Platform Demo! Oct 11, 2017 - 9:36AM PDT" and "Last Login: 10/11/2017 08:29:02 from 67.159.161.210 (view all)". The main content area is titled "TUW Library" and includes a "Database" icon, "eJournals", and "Quick search" buttons. A message states: "Click on the Database icon below to login and begin your search". Below this is a "Quick Guide" section with links for [Library Account Registration](#), [Basic Search Instructions](#), and [Research Guides](#). It also features "GET IT ON Google Play" and "Download on the App Store" buttons. A "QUESTIONS? ask a librarian!" button is located in the bottom right corner of the main content area.

Click on the Database Icon

The screenshot shows a web browser window with the URL <https://portal.tuw.edu/portal/library/index.php>. The page header includes the TUW logo and the text "TOURO UNIVERSITY WORLDWIDE". A navigation bar contains buttons for "Touro Library", "Orientation", "Get Started Guide", "Home", "My Courses", "Portal", and "Logout". A welcome message reads "Welcome back Platform Demo! Oct 11, 2017 - 9:36AM PDT" with a "Last Login: 10/11/2017 08:29:02 from 67.159.161.210 (view all)" link.

The main content area is titled "TUW Library" and features a sub-navigation bar with "Database", "eJournals", and "Quick search". Below this, a text prompt says "Click on the Database icon below to login and begin your search". A red box highlights a blue database icon, with a red arrow pointing to it from the right.

On the left side, a "Navigation" menu lists: Home, My Courses, Portal, Library, Ask a librarian, and Logout.

At the bottom, a "Quick Guide" section provides links for "Library Account Registration", "Basic Search Instructions", and "Research Guides". It also includes "GET IT ON Google Play" and "Download on the App Store" buttons. A "QUESTIONS? ask a librarian!" button is located in the bottom right corner.

You will be asked to submit your username and password.

Library Accounts | Locations and Hours Touro College | MyTouro | Blackboard

 **Touro College Libraries**
Learn here, succeed anywhere  **QUESTIONS?**
ask a librarian!
via chat | twitter | email | phone

Find ▾ Help ▾ Services ▾ About ▾

Log in to my account

Username

Password

[Register here.](#)

[Forgot your username or password?](#)

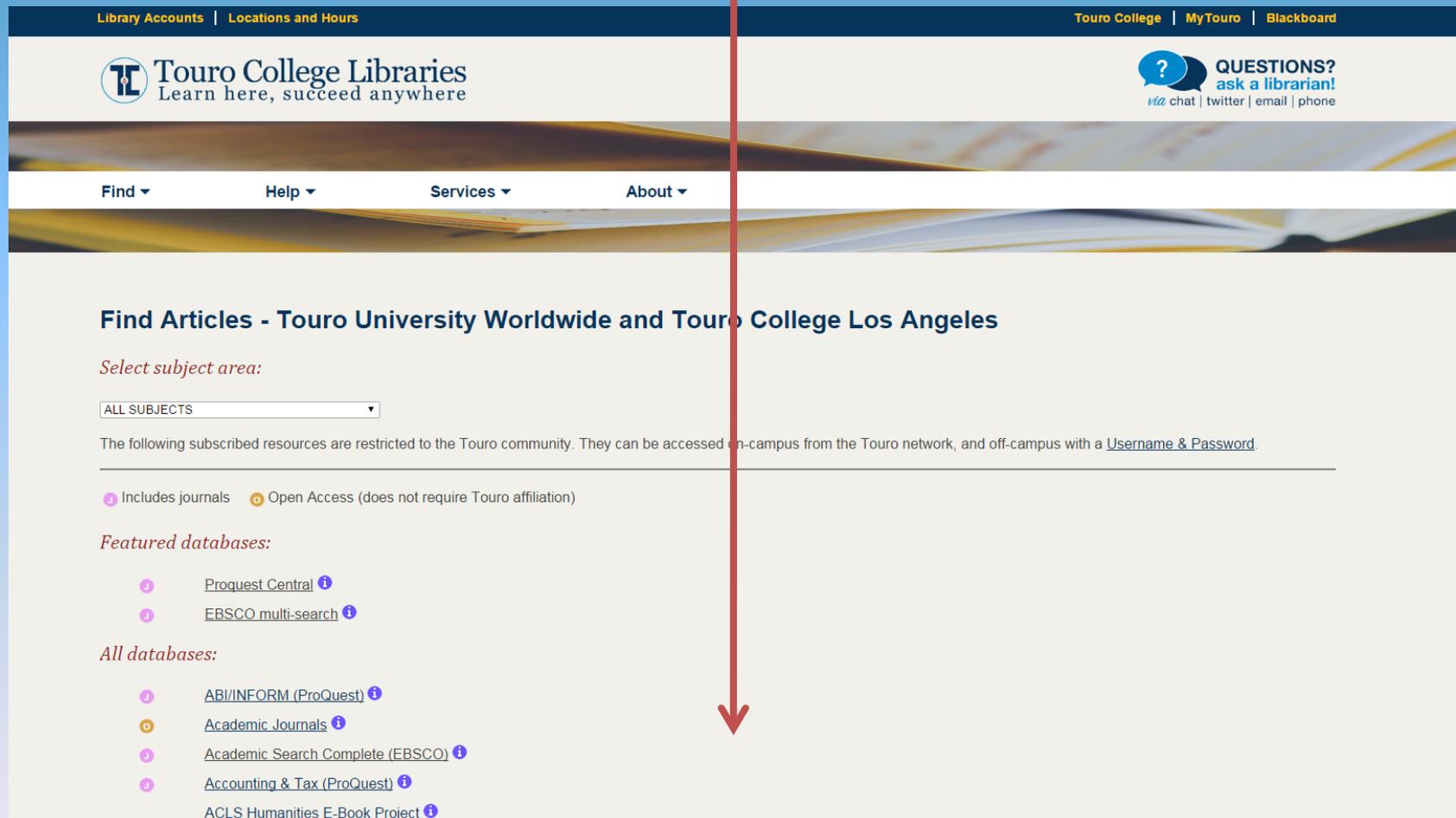
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Touro College Main Campus - 27-33 West 23 Street, New York, NY 10010, (212) 463-0400

Scroll down the list of databases



Library Accounts | Locations and Hours

Touro College | MyTouro | Blackboard

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Learn here, succeed anywhere

 **QUESTIONS?**
ask a librarian!
via chat | twitter | email | phone

Find ▾ Help ▾ Services ▾ About ▾

Find Articles - Touro University Worldwide and Touro College Los Angeles

Select subject area:

ALL SUBJECTS ▾

The following subscribed resources are restricted to the Touro community. They can be accessed on-campus from the Touro network, and off-campus with a [Username & Password](#).

 Includes journals  Open Access (does not require Touro affiliation)

Featured databases:

-  [Proquest Central](#) 
-  [EBSCO multi-search](#) 

All databases:

-  [ABI/INFORM \(ProQuest\)](#) 
-  [Academic Journals](#) 
-  [Academic Search Complete \(EBSCO\)](#) 
-  [Accounting & Tax \(ProQuest\)](#) 
- [ACLS Humanities E-Book Project](#) 

Select Counseling and Therapy in Video, Volumes I-III

A screenshot of a library database search results page. The page lists various databases and collections. A red arrow points from the top right towards the selected item, 'Counseling and Therapy in Video, Volumes I-III', which is highlighted with a red rectangular box. The selected item is preceded by a red circle icon. Other items in the list are preceded by either a purple circle icon or an orange circle icon. Each item has a small blue 'i' icon to its right. The background of the screenshot is a light yellow color.

- [ABI/INFORM \(ProQuest\)](#) *i*
- [Academic Journals](#) *i*
- [Academic Search Complete \(EBSCO\)](#) *i*
- [Accounting & Tax \(ProQuest\)](#) *i*
- [ACLS Humanities E-Book Project](#) *i*
- [American Jewish Historical Society](#) *i*
- [Bar Ilan University Responsa](#) *i*
Does not support all browsers
- [Bentham Science Publishers OA](#) *i*
- [The Bibliography of the Hebrew Book](#) *i*
- [BioMedCentral Open Access](#) *i*
- [Business Source Complete \(EBSCO\)](#) *i*
- [Centers for Disease Control and Prevention](#) *i*
- [Choice Reviews Online](#) *i*
- [CINAHL Plus with Full Text \(EBSCO\)](#) *i*
- [CLOCKSS](#) *i*
- [COTAR](#) *i*
Does not support all browsers
- [Counseling and Therapy in Video, Volumes I-III](#) *i*
- [Credo Reference](#) *i*
- [Directory of Open Access Journals \(DOAJ\)](#) *i*
- [Directory of Research Journals Indexing](#) *i*
- [Dissertations & Theses @ Touro](#) *i*
- [ebrary eBooks](#) *i*
- [EBSCO eBook Academic Collection](#) *i*
- [EBSCO eBooks](#) *i*
- [EBSCO multi-search](#) *i*
- [Education: A SAGE Full-Text Collection](#) *i*

You will be redirected to Alexander Street

SEARCH ALL CONTENT



SIGN IN

VIDEOS 990 HOURS 1,043 SEGMENTS 332



Counseling and Therapy in Video

Browse

Titles
Disciplines
Therapists
Presenting Conditions
Therapeutic Approaches
Subjects
Publishers

Therapeutic Approaches

Multicultural counseling (75)
Role play (68)
Cognitive behavioral therapy (52)
Brief relational therapy (35)
Group counseling (33)
Psychotherapy (31)
Narrative therapy (29)
Play therapy (26)
Family therapy (26)
Relationship therapy (24)
More...

Therapists

Haley, Jay (27)
Ivey, Allen E. (27)
Carlson, Jon (25)
Mishlove, Jeffrey (21)
Ivey, Mary Bradford (18)
Sue, Derald Wing (17)
Gluckstern-Packard, Norma B. (16)
Richeport-Haley, Madeleine (16)
Kjos, Diane (14)
Parham, Thomas A. (12)
Kagan, Norman (11)
Winslade, John (11)
Arredondo, Patricia (10)

Nadal, Kevin (10)
Zalaquett, Carlos (10)
Miller, Scott D., fl. 2013 (9)
Sutton, Keith, fl. 200 (9)
Bruce, Timothy J., fl. 2006 (8)
Glasser, William, 1925- (8)
Jongsma, Arthur E. (8)
Landreth, Garry (8)
Ochberg, Frank, 1940- (8)
Schwartz, Richard (8)
Simmons, Mike (8)
Tilsen, Julie (8)
More...

Counseling and Therapy in Video provides faculty and students with a first-hand look at the realities of working with clients and the challenges associated with putting theoretical concepts into practice. These collection provide a thorough grounding in dozens of therapeutic methods and diagnoses, insight into the human condition, and training in skills such as reflection and empathy while working with specific populations such as veterans and teens.

Search inside this collection



[Advanced Search](#)

Volumes your library has access to:

Counseling and Therapy in Video: Volume I
Counseling and Therapy in Video: Volume II
Counseling and Therapy in Video: Volume III



What's New



Empathy Training for Ethnic and Cultural Awareness

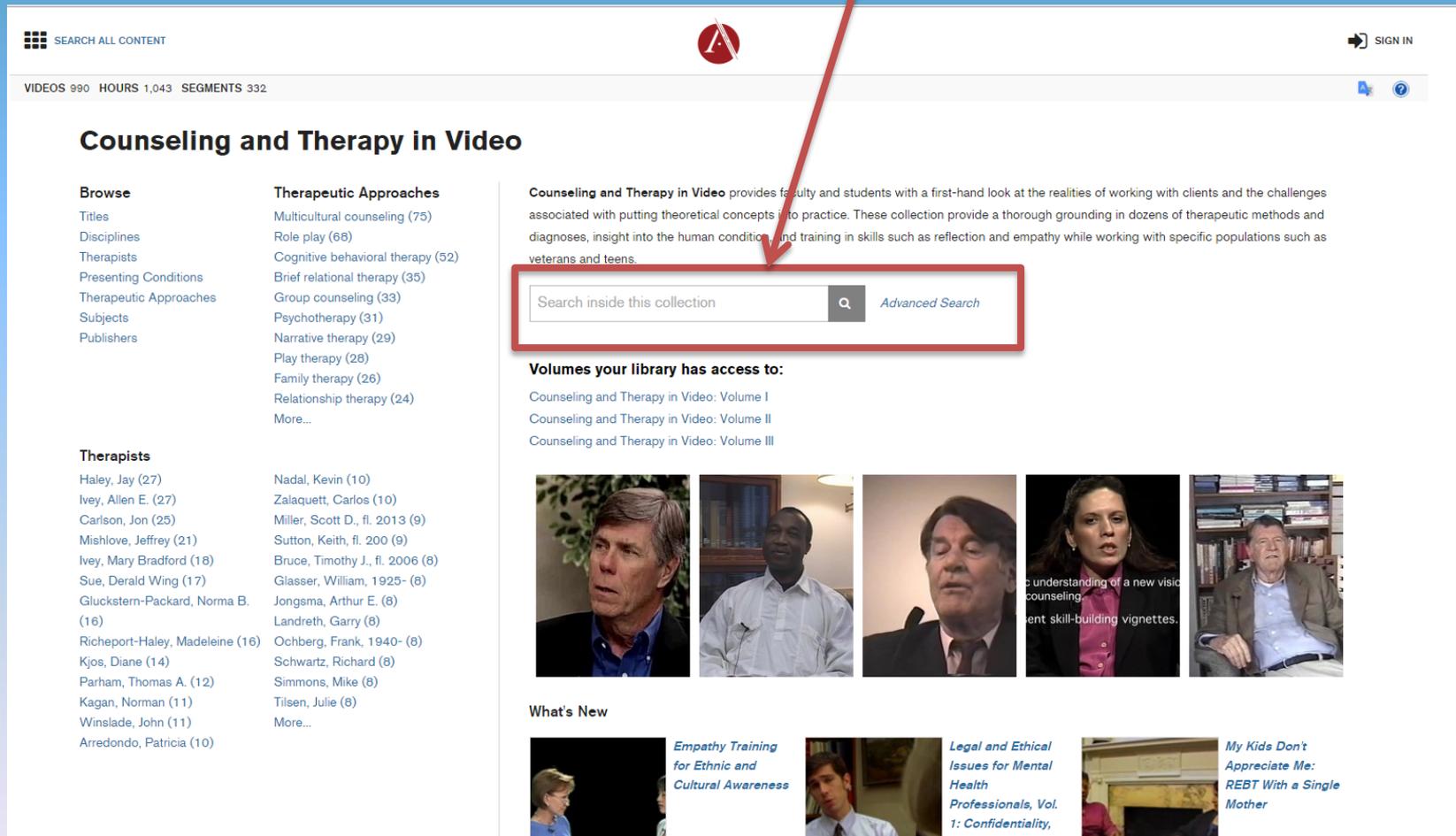


Legal and Ethical Issues for Mental Health Professionals, Vol. 1: Confidentiality



My Kids Don't Appreciate Me: REBT With a Single Mother

Enter your search information near the top of the page or select “Advanced Search” for more search options



The screenshot shows a library website interface. At the top left, there is a search icon and the text "SEARCH ALL CONTENT". In the center, there is a logo featuring a stylized 'A' inside a red circle. At the top right, there is a "SIGN IN" button. Below the header, there is a navigation bar with "VIDEOS 990 HOURS 1,043 SEGMENTS 332" and a blue search icon. The main heading is "Counseling and Therapy in Video". On the left side, there are two columns of links: "Browse" (Titles, Disciplines, Therapists, Presenting Conditions, Therapeutic Approaches, Subjects, Publishers) and "Therapists" (listing names and counts). In the center, there is a section titled "Therapeutic Approaches" with a list of methods and their counts. Below this is a search box with the placeholder text "Search inside this collection" and a magnifying glass icon, followed by a link for "Advanced Search". A red arrow points from the top of the page down to this search box. Below the search box, there is a section titled "Volumes your library has access to:" with three entries: "Counseling and Therapy in Video: Volume I", "Counseling and Therapy in Video: Volume II", and "Counseling and Therapy in Video: Volume III". Below this, there are five video thumbnails. At the bottom, there is a "What's New" section with three video thumbnails and their titles: "Empathy Training for Ethnic and Cultural Awareness", "Legal and Ethical Issues for Mental Health Professionals, Vol. 1: Confidentiality, ...", and "My Kids Don't Appreciate Me: REBT With a Single Mother".

SEARCH ALL CONTENT

VIDEOS 990 HOURS 1,043 SEGMENTS 332

Counseling and Therapy in Video

Browse

- Titles
- Disciplines
- Therapists
- Presenting Conditions
- Therapeutic Approaches
- Subjects
- Publishers

Therapists

- Haley, Jay (27)
- Ivey, Allen E. (27)
- Carlson, Jon (25)
- Mishlove, Jeffrey (21)
- Ivey, Mary Bradford (18)
- Sue, Derald Wing (17)
- Gluckstern-Packard, Norma B. (16)
- Richeport-Haley, Madeleine (16)
- Kjos, Diane (14)
- Parham, Thomas A. (12)
- Kagan, Norman (11)
- Winslade, John (11)
- Arredondo, Patricia (10)

Therapeutic Approaches

- Multicultural counseling (75)
- Role play (68)
- Cognitive behavioral therapy (52)
- Brief relational therapy (35)
- Group counseling (33)
- Psychotherapy (31)
- Narrative therapy (29)
- Play therapy (26)
- Family therapy (26)
- Relationship therapy (24)
- More...

Therapists

- Nadal, Kevin (10)
- Zalaquett, Carlos (10)
- Miller, Scott D., fl. 2013 (9)
- Sutton, Keith, fl. 200 (9)
- Bruce, Timothy J., fl. 2006 (8)
- Glasser, William, 1925- (8)
- Jongsma, Arthur E. (8)
- Landreth, Garry (8)
- Ochberg, Frank, 1940- (8)
- Schwartz, Richard (8)
- Simmons, Mike (8)
- Tilsen, Julie (8)
- More...

Counseling and Therapy in Video provides faculty and students with a first-hand look at the realities of working with clients and the challenges associated with putting theoretical concepts into practice. These collection provide a thorough grounding in dozens of therapeutic methods and diagnoses, insight into the human condition, and training in skills such as reflection and empathy while working with specific populations such as veterans and teens.

Search inside this collection [Advanced Search](#)

Volumes your library has access to:

- Counseling and Therapy in Video: Volume I
- Counseling and Therapy in Video: Volume II
- Counseling and Therapy in Video: Volume III

What's New

- Empathy Training for Ethnic and Cultural Awareness*
- Legal and Ethical Issues for Mental Health Professionals, Vol. 1: Confidentiality, ...*
- My Kids Don't Appreciate Me: REBT With a Single Mother*

Type or select terms already in the database for the appropriate category

SEARCH ALL CONTENT SIGN IN

Counseling and Therapy in Video » Advanced search ?

ALL DISCIPLINES

HEALTH SCIENCES

PSYCHOLOGY & COUNSELING

COUNSELING & THERAPY

Advanced Search: Psychology & Counseling / Counseling & Therapy / Counseling and Therapy in Video

Your search criteria match 990 items SEARCH Clear

Words Anywhere

Fulltext / Transcripts

Title and Series

Therapist / Psychologist [Select terms ▼](#)

Therapeutic Approach [Select terms ▼](#)

Presenting Condition [Select terms ▼](#)

Topic / Theme [Select terms ▼](#)

Publisher [Select terms ▼](#)

Collection [Hide all collections ▼](#)

Select all (Check to include all content in Counseling and Therapy in Video)

- Counseling and Therapy in Video
 - Counseling and Therapy In Video: Volume I
 - Counseling and Therapy In Video: Volume II
 - Counseling and Therapy In Video: Volume III

School of Therapy [Show school of therapy ▼](#)

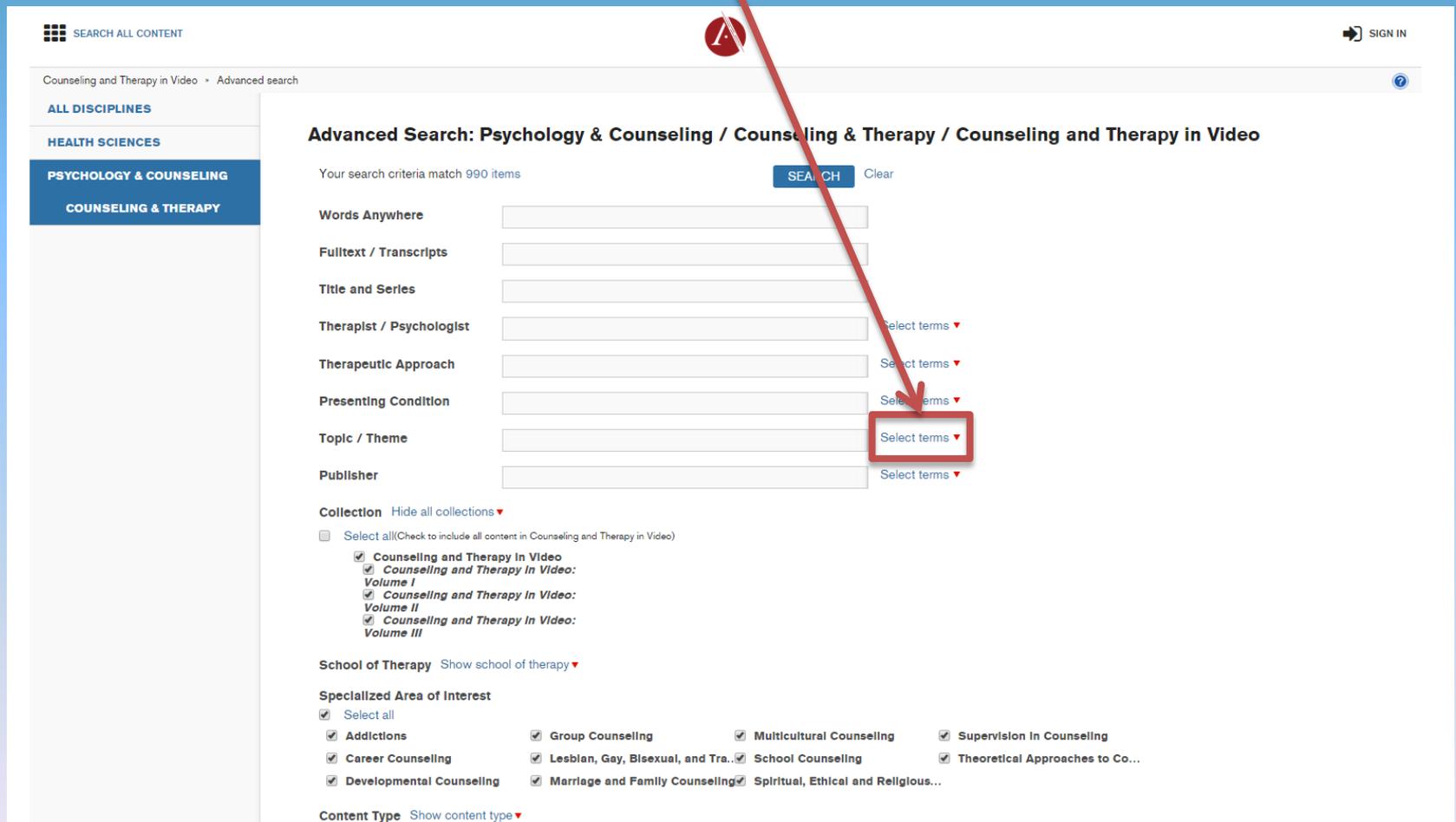
Specialized Area of Interest

Select all

<input checked="" type="checkbox"/> Addictions	<input checked="" type="checkbox"/> Group Counseling	<input checked="" type="checkbox"/> Multicultural Counseling	<input checked="" type="checkbox"/> Supervision In Counseling
<input checked="" type="checkbox"/> Career Counseling	<input checked="" type="checkbox"/> Lesbian, Gay, Bisexual, and Tra...	<input checked="" type="checkbox"/> School Counseling	<input checked="" type="checkbox"/> Theoretical Approaches to Co...
<input checked="" type="checkbox"/> Developmental Counseling	<input checked="" type="checkbox"/> Marriage and Family Counseling	<input checked="" type="checkbox"/> Spiritual, Ethical and Religious...	

Content Type [Show content type ▼](#)

To select terms already in the database, click on “Select Terms” next to the appropriate category



SEARCH ALL CONTENT

Counseling and Therapy in Video » Advanced search

ALL DISCIPLINES

HEALTH SCIENCES

PSYCHOLOGY & COUNSELING

COUNSELING & THERAPY

Advanced Search: Psychology & Counseling / Counseling & Therapy / Counseling and Therapy in Video

Your search criteria match 990 items

SEARCH Clear

Words Anywhere

Fulltext / Transcripts

Title and Series

Therapist / Psychologist [Select terms ▼](#)

Therapeutic Approach [Select terms ▼](#)

Presenting Condition [Select terms ▼](#)

Topic / Theme [Select terms ▼](#)

Publisher [Select terms ▼](#)

Collection [Hide all collections ▼](#)

Select all (Check to include all content in Counseling and Therapy in Video)

- Counseling and Therapy in Video
- Counseling and Therapy in Video: Volume I
- Counseling and Therapy in Video: Volume II
- Counseling and Therapy in Video: Volume III

School of Therapy [Show school of therapy ▼](#)

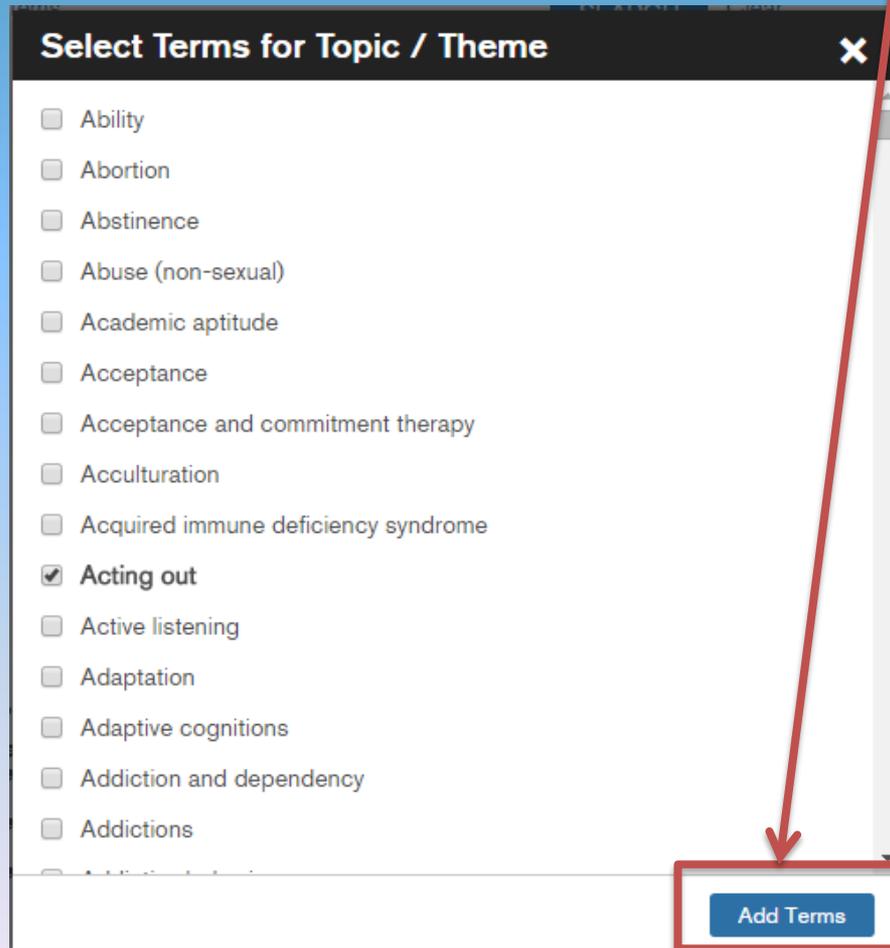
Specialized Area of Interest

Select all

- Addictions
- Career Counseling
- Developmental Counseling
- Group Counseling
- Lesbian, Gay, Bisexual, and Tra...
- Marriage and Family Counseling
- Multicultural Counseling
- School Counseling
- Spiritual, Ethical and Religious...
- Supervision in Counseling
- Theoretical Approaches to Co...

Content Type [Show content type ▼](#)

Once your terms are selected, click “Add Terms”

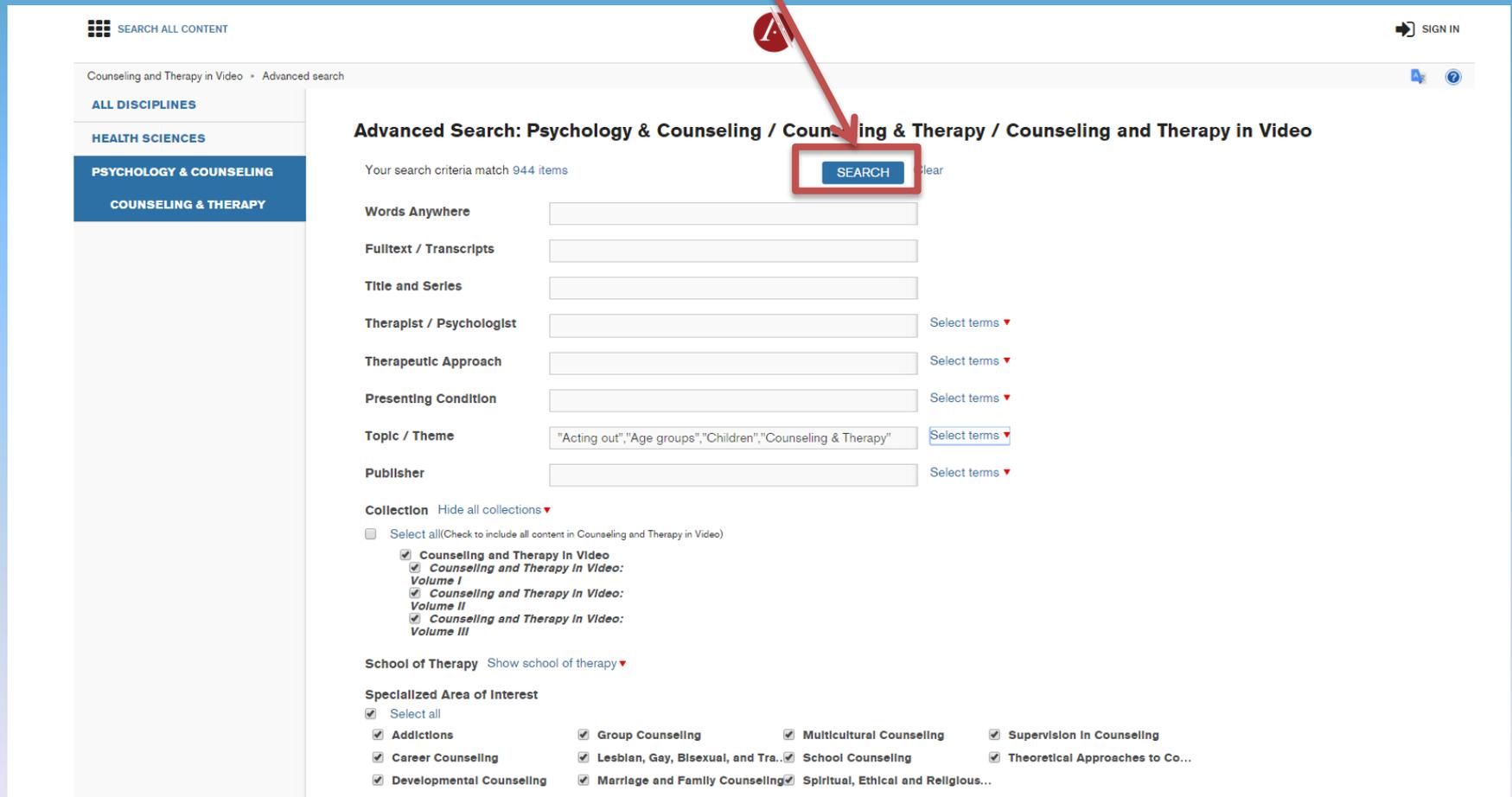


The image shows a dialog box titled "Select Terms for Topic / Theme" with a close button (X) in the top right corner. The dialog contains a list of terms, each with a checkbox. The term "Acting out" is selected, indicated by a checked checkbox. A red arrow points from the top right of the dialog down to a blue button labeled "Add Terms" at the bottom right.

Term	Selected
Ability	<input type="checkbox"/>
Abortion	<input type="checkbox"/>
Abstinence	<input type="checkbox"/>
Abuse (non-sexual)	<input type="checkbox"/>
Academic aptitude	<input type="checkbox"/>
Acceptance	<input type="checkbox"/>
Acceptance and commitment therapy	<input type="checkbox"/>
Acculturation	<input type="checkbox"/>
Acquired immune deficiency syndrome	<input type="checkbox"/>
Acting out	<input checked="" type="checkbox"/>
Active listening	<input type="checkbox"/>
Adaptation	<input type="checkbox"/>
Adaptive cognitions	<input type="checkbox"/>
Addiction and dependency	<input type="checkbox"/>
Addictions	<input type="checkbox"/>

Add Terms

Click “Search” when you are ready to see your results



The screenshot shows an advanced search interface for 'Counseling and Therapy in Video'. The page title is 'Advanced Search: Psychology & Counseling / Counseling & Therapy / Counseling and Therapy in Video'. A red arrow points to a blue 'SEARCH' button. The search criteria match 944 items. The interface includes a sidebar with navigation options: ALL DISCIPLINES, HEALTH SCIENCES, PSYCHOLOGY & COUNSELING, and COUNSELING & THERAPY. The search criteria are as follows:

- Words Anywhere: [Empty text box]
- Fulltext / Transcripts: [Empty text box]
- Title and Series: [Empty text box]
- Therapist / Psychologist: [Empty text box] Select terms ▼
- Therapeutic Approach: [Empty text box] Select terms ▼
- Presenting Condition: [Empty text box] Select terms ▼
- Topic / Theme: "Acting out","Age groups","Children","Counseling & Therapy" Select terms ▼
- Publisher: [Empty text box] Select terms ▼

Collection Hide all collections ▼

- Select all (Check to include all content in Counseling and Therapy in Video)
- Counseling and Therapy in Video
 - Counseling and Therapy In Video: Volume I
 - Counseling and Therapy In Video: Volume II
 - Counseling and Therapy In Video: Volume III

School of Therapy Show school of therapy ▼

Specialized Area of Interest

- Select all
- Addictions
- Career Counseling
- Developmental Counseling
- Group Counseling
- Lesbian, Gay, Bisexual, and Tra...
- Marriage and Family Counseling
- Multicultural Counseling
- School Counseling
- Spiritual, Ethical and Religio...
- Supervision In Counseling
- Theoretical Approaches to Co...

This search has returned 944 results. Not all results are necessarily on the right topic. Let's see if we can narrow it down.

SEARCH ALL CONTENT

Counseling and Therapy in Video • Advanced search • Result

0 items selected

944 results for your search

Search within these results

Title / Album Relevance

within these results all of Counseling and Therapy in Video

Counseling & Therapy

- Counseling & Therapy (941)
 - Theoretical Approaches to Counseling (407)
 - Marriage and Family Counseling (184)
 - Multicultural Counseling (166)
 - + More
- Psychology (43)

REFINE YOUR SEARCH

CONTENT TYPE

- Counseling session (450)
- Instructional material (410)
- Interview (243)
- + More

THERAPIST / PSYCHOLOGIST

PRESENTING CONDITION

THERAPEUTIC APPROACH

SCHOOL OF THERAPY

SUBJECT

PUBLISHER

DATE PUBLISHED / RELEASED

Cognitive-Behavioral Child Therapy
presented by Bruce Masek, in *Child Therapy with the Experts*, 7 (San Francisco, CA: Psychotherapy.net, 2002), 1 hour
Cognitive behavioral therapy with children builds on behavioral therapy techniques while working to modify a child's thoughts and feelings. In this video, Dr. Masek adapts his therapy model to a mother-child dyad, helping Mom learn strategies for managing her young daughter's back talk and tantrums. See Dr...
see details

Teaching Verbal Behavior In The Natural Environment: Teaching Manding (Requesting) Using Sign Language
presented by Cherish Twigg, fl. 2003 and Holly Kibbe, fl. 2003 (Marietta, GA: Establishing Operations Inc., 2013), 1 hour
"Teaching Manding Using Sign Language" explains how to teach your child to request items in the same manner as Vocal Manding, using sign instead. This video is specifically created to help parents and professionals teach non-vocal children how to use sign language to ask for things that they want. This video...
see details

Couples Counseling: Session Three
written by Richard Schwartz; presented by Richard Schwartz, in *Couples Therapy with the Experts*, 3 (Mill Valley, CA: Psychotherapy.net, 2010), 53 mins
Richard C. Schwartz, Ph.D., developed the Internal Family Systems Model of family therapy. This model extends family systems concepts and techniques to an intra-psychic process. This series of six therapy sessions features a married couple, Dennis and Renee, who are having relationship problems. In this session,...
see details

On the left hand side of the page, there are a number of ways to refine your search

SEARCH ALL CONTENT

Counseling and Therapy in Video » Advanced search » Result

0 items selected

944 results for your search

Search within these results

with these results | all of Counseling and Therapy in Video

REFINE YOUR SEARCH

CONTENT TYPE

- Counseling session (450)
- Instructional material (410)
- Interview (243)
- [+ More](#)

THERAPIST / PSYCHOLOGIST

PRESENTING CONDITION

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SCHOOL OF THERAPY

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REFINE YOUR SEARCH

CONTENT TYPE

Counseling session (450)

Instructional material (410)

Interview (243)

+ More

THERAPIST / PSYCHOLOGIST

Haley, Jay (27)

Ivey, Allen E. (27)

Carlson, Jon (25)

+ More

PRESENTING CONDITION

Anxiety (46)

Anger (38)

Depression (emotion) (29)

+ More

THERAPEUTIC APPROACH

You can only select one option at a time. For example, you can refine your search to only interviews by clicking “Interview”

The number of results is equal to the number indicated in parentheses

Select a video from your results list

The screenshot shows a search results page for 'Counseling and Therapy in Video'. The page features a sidebar with filters and a main content area with search results. A red arrow points to the first result, 'Empowerment Family Therapy', which is highlighted with a red box.

Filters Applied: Content Type: Interview (X), Clear all

Counseling & Therapy: Counseling & Therapy (243), Theoretical Approaches to Counseling (140), Marriage and Family Counseling (67), Multicultural Counseling (20), + More; Psychology (14)

Refine Your Search: Content Type (Counseling session (62), Instructional material (24), Personal narrative (14), + More); Therapist / Psychologist; Presenting Condition; Therapeutic Approach; School of Therapy; Subject; Publisher; Date Published / Released

Search Results: 243 results for your search. Search within these results. Sort by Title / Album, Relevance. Radio buttons: within these results (selected), all of Counseling and Therapy in Video.

- Empowerment Family Therapy**
written by Frank Smith Pittman, 1935-; presented by Frank Smith Pittman, 1935-, in Family Therapy with the Experts, 1 (Mill Valley, CA: Psychotherapy.net, 2000), 1 hour
In a culture that glorifies the carefree pleasures of youth, we are often preoccupied with the search for happiness and complain when the reality of adult responsibility pulls us farther and farther away from our adolescent hopes and expectations. But with remarkable wit and irreverence, Dr. Frank Pittman...
see details
- A.D.H.D. In Adults**
written by Russell A. Barkley; presented by Russell A. Barkley; produced by Kevin Dawkins (New York, NY: Guilford Publications, 1994), 37 mins
From leading ADHD authority Dr. Russell A. Barkley, this instructive program integrates information about ADHD with the experiences of adults from different walks of life who suffer from the disorder. Including interviews with these individuals, their family members, and the clinicians who treat them, the program...
see details
- The Mind-Body Connection**
written by Jeffrey Mishlove and Eleanor Criswell; directed by Arthur Bloch; presented by Jeffrey Mishlove and Eleanor Criswell; produced by Arthur Bloch (Oakland, CA: Thinking Allowed Productions, 2011), 27 mins
One can approach understanding the mind-body connection through many disciplines, such as dance, massage, biofeedback, martial arts, yoga, etc. Eleanor Criswell, Ed.D., psychologist and managing editor of Somatics, points out that this body of traditions suggests enormous, untapped possibilities for mind-body...
see details
- When Nietzsche Wept**
written by Jeffrey Mishlove; presented by Jeffrey Mishlove (Oakland, CA: Thinking Allowed Productions, 2011), 27 mins
Irvin D. Yalom, M.D., a professor of psychiatry at Stanford University, is author of the novel, When Nietzsche Wept. Yalom describes his novel as highlighting the existential issues of human consciousness which are the basis of his own therapeutic approach. The soul-searching, self-examination of the philosopher...
see details
- Interview With Sidney Bijou**
written by Steven C. Hayes, PhD, 1948- and Sidney Bijou, Ph; presented by Steven C. Hayes, PhD, 1948- and Sidney Bijou, Ph, in AABT Archive Series, 3 (New York, NY: Psychotherapy.net, 2000), 1 hour

The video will start playing on the left.
Details, transcripts and clips are available to you on the right.

The screenshot shows a video player on the left and a transcript on the right. The video player displays a man with glasses speaking. The transcript on the right lists the following text:

00:00 **Jon Carlson** This program is gonna be on Empowerment Family Therapy. What does that mean to you?

00:05 **Diane Kjos** Well, I think giving people the... the sense that they can make changes in their lives probably is... what it relates to empowerment. I think it also is somewhat of a cognitive thing is how you think about it, then gives you that boost or power to make the changes that are there... needed to be made.

00:25 **Jon Carlson** And recent research in therapy shows that instilling hope in clients is perhaps the most important thing, that a therapist can do.

00:35 **Diane Kjos** Uh...Huh...

Jon Carlson I'm not really sure what theoretical approach is this. It more or less fits the man who does this work. He does a lot of work with character building, that uses a lot of different modalities.

00:50 **Diane Kjos** Yeah.

Jon Carlson It's almost more of an integrative approach from my point of view.

Diane Kjos Uh...Huh... With the outcome being empowerment. Yes, yeah.

00:55 **Jon Carlson** Yeah. And the man is Frank Pittman. And we have Frank with us today. Let's bring Frank out and find out exactly what his approach is.

01:00 **Diane Kjos** What it is all about, okay.

01:05 **Jon Carlson** Frank, welcome.

Frank Pittman III Hi Jon. What a pleasure.

Diane Kjos Welcome.

Frank Pittman III Diane.

01:10 **Jon Carlson** You know, Frank your approach just doesn't seem to fit into any one category. I mean, it... it doesn't fit into the structural or the strategic or the communications. Help us.

01:25 **Frank Pittman III** Well, I never expected it to. Hahaha... I mean, I am trying to describe what I do.